

## Tree Hugger Challenge Your TREErific Habits

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Every day, for each habit, check the box if you do the TREErific habit at least once. You can only put one check mark per habit each day. At the end of the week, add up to the total number of check marks for each category.

Trees take care of us, it is time for us to take care of them!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	TOTAL
Use both sides! Fill up both sides of your paper								
Go recycled! Use recycled paper								
Hug a tree! Give a tree a big hug to say thank you								
Talk about trees! Tell someone why trees are important								
Recycle! Give your paper products a second life								
Get reading! Borrow a book								